

Looking Back on 2021

As the weather warms up, I'm noticing a little more pep in my step. I see more smiles and hear more jokes. Every season has its purpose and there is definitely something magical about Spring. As new life pops up all around us, it is a daily reminder of new beginnings and hope for what is to come.

Spring is a time to get busy implementing the winter dreams and plans and reconnect with neighbors, friends, and our community. "At Mentor North, we are eagerly implementing summer plans, finalizing new policies, providing new training for mentors and organizing... spring cleaning is no joke!

We are happy to connect with you today and welcome you to our mentoring community. As you review this report, we hope you enjoy learning about all that Mentor North accomplished in 2021. Let me know your questions and ideas– I would love to hear from you! Please also join us on social media to stay connected for what comes next!

Take care and enjoy the sunshine!

-Beth



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For the latest events and updates, be sure to check us out on social media. Find us @mentornorth on Instagram and Twitter and @mentorduluthsuperior on Facebook.



Mentor North is funded in part by the Ordean Foundation, Head of the Lakes United Way, the Duluth Superior Area Community Foundation, Lloyd K. Johnson Foundation, The City of Superior CDBG Program, Duluth Aging Support, Otto Bremer Trust, The Sheltering Arms Foundation, and the Mardag Foundation.

mentornorth.org

Mentoring Makes a Difference

I always smile when I think about my time with Mentor North, and I am so thankful for the program connecting me to MaKenna. When we were first matched, I was a single 23-year-old who had just moved to Duluth and MaKenna was a quiet 6th grader. During the years of our friendship, I watched MaKenna grow and mature into an articulate, caring high school senior, and she was by my side as I progressed through many changes in my 20s. My husband and I were so happy to have her with us to celebrate our wedding - we truly became extended family to each other.

-Former Mentor Mary



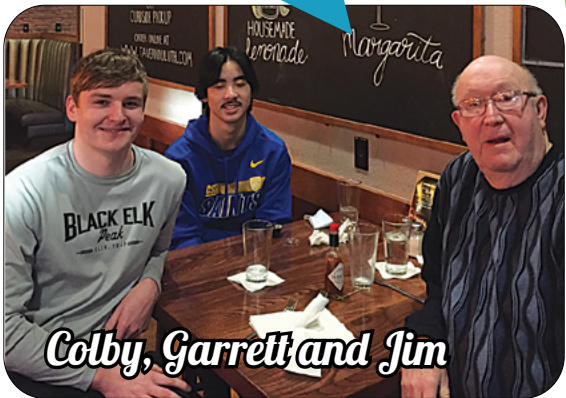
Mary and MaKenna

"I am having a good time with my YAMS and very much am reminded that we all can learn from each other even when we were born 64 years apart! It is eye opening!"

*-Jim, Mutual Mentoring
Older Adult Mentor*

"I love being able to have a connection with a fellow student and being able to help them with anything that they might need. It is nice to have someone to spend an hour with a week and get a different perspective on school since it is stepping back in time academically. You are able to teach things as well as learning completely new things that you might have forgotten or simply never thought of doing."

-Mentor Josh



Colby, Garrett and Jim

Colby and Garrett (Younger Adult Mentors) and Jim (Older Adult Mentor) are matched in Mentor North's Mutual Mentoring program.



Luke and Josh

Luke and Josh are matched through our Five Points program.



Nicole and Mariah

Mariah and Nicole have been matched in our Mentor Superior program since March 2016. They enjoy going to Michael's to find new crafts to create. They've also volunteered together, explored new activities like duckpin bowling, and visited an escape room. This match also enjoys watching baking shows on Netflix while baking their own desserts!

"It's been amazing to see my daughter's confidence grow. Her mentor has been so sweet and helpful to the whole family."

-Parent youth program participant



Michaela and Nariyah

Nariyah and Michaela were officially matched in October 2021. This match gets to see each other daily at school which is a lot of fun for them. Outside of school, they get together every other week and have a great time enjoying a variety of activities out in the community.



"What makes mentoring great is a great match, which is exactly what Olivia and I have!

I love hearing about whatever is going on in Olivia's life and being there for her when she needs it."

*-Five Points mentor
Madison*

Hayden and Jeremy have been matched since November 2021. Hayden is enjoying getting to know Jeremy and has started asking him more questions and opening up more to him during their time together. This match enjoys going to the YMCA in Superior, seeing movies, visiting Great Lakes Aquarium, and walking Jeremy's dog.



Jeremy and Hayden

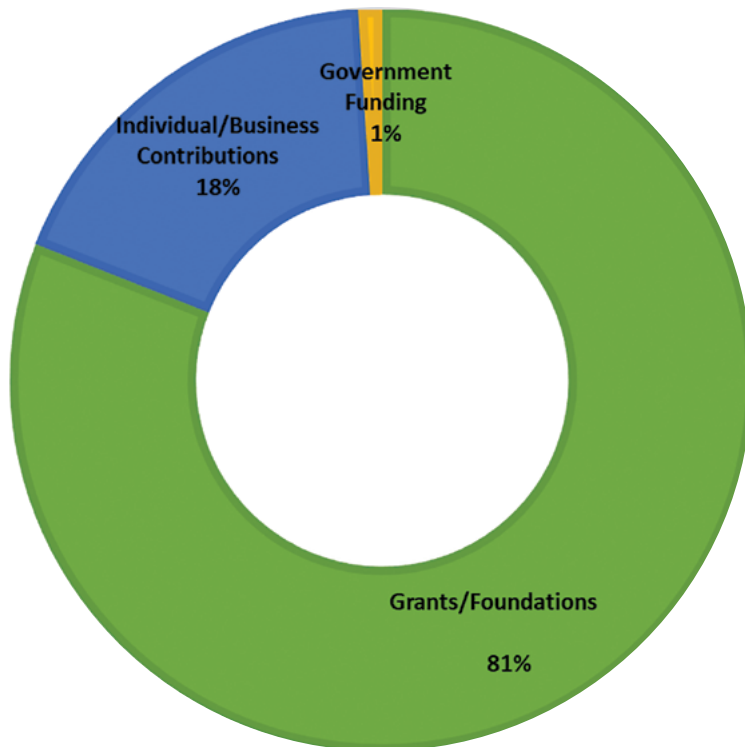
Measuring the Impact

As we review 2021, we celebrate the incredible dedication of our volunteer mentors. Mentor North exists to provide quality mentoring relationships, but this is only possible due to the many hours of volunteer service given by committed members of our community. If you have any questions about our income, expenses, or program impact for 2021, please reach out to Executive Director Beth Burt.

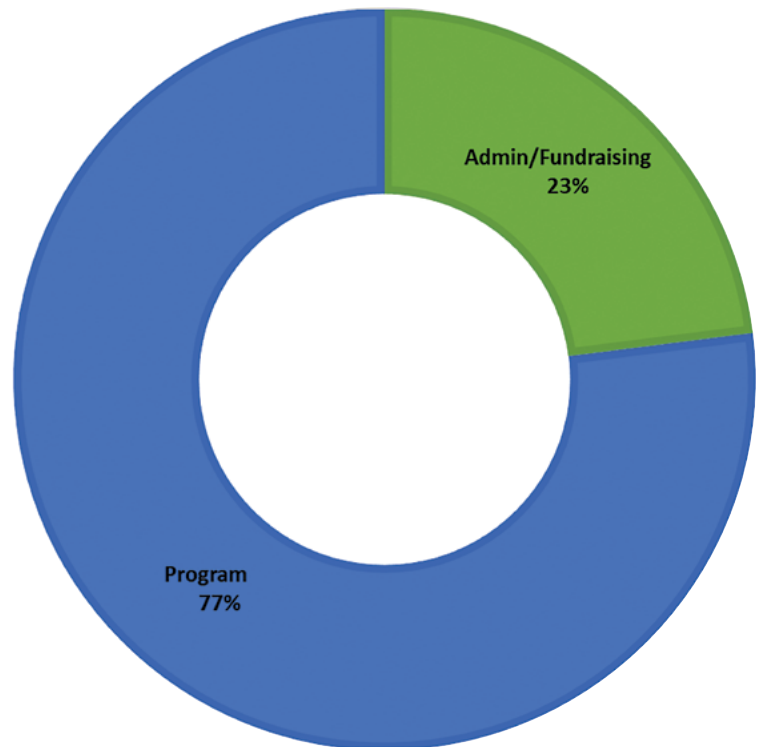
In our programs, youth have the opportunity to:

- Develop a positive, caring relationship with an adult who listens to them, respects them, and is there to support them
- Try new activities while also sharing their favorite hobbies and interests with their mentor
- Learn more about themselves
- Begin to thrive, not just survive
- Share their voice/story/experience

2021 Income

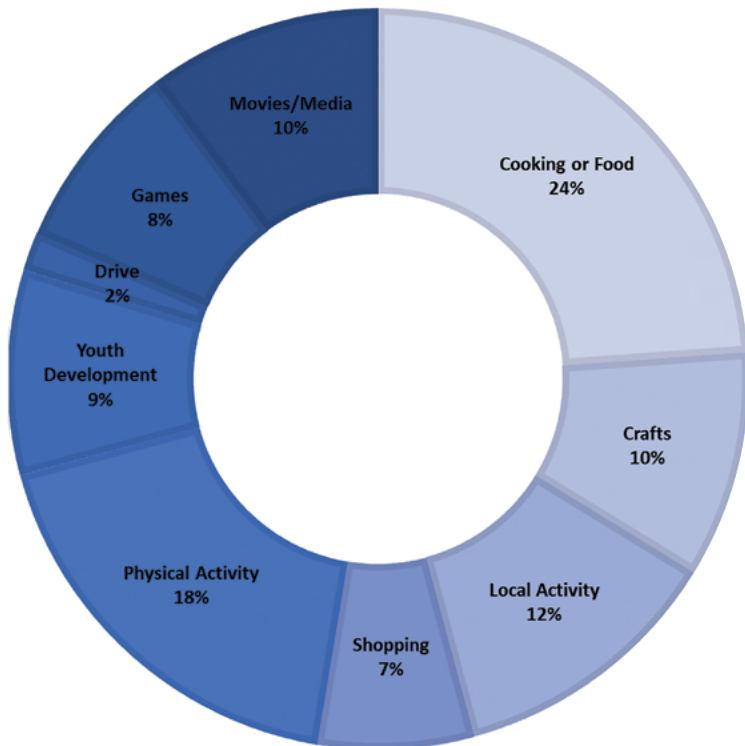


2021 Expenses



Mentoring, at its core, guarantees young people that there is someone who cares about them, assures them they are not alone in dealing with day-to-day challenges, and makes them feel like they matter.

Scope of activities



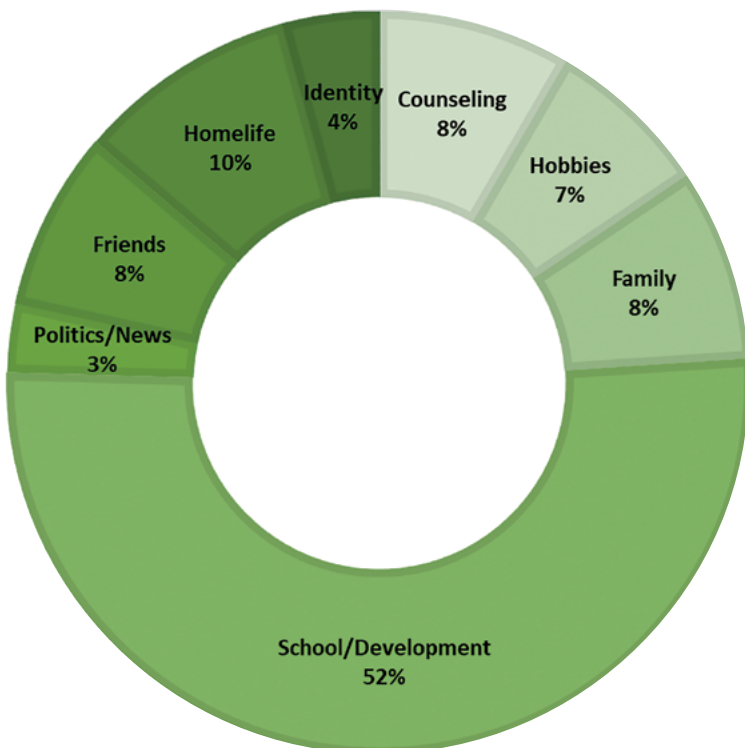
Over
3,800
hours spent together in mentoring relationships

341 youth impacted by Mentor North programming

1,419
recorded visits

13 connections made through Mutual Mentoring

Topics of conversation



During 2021, Mentor North supported four programs: Mentor Duluth, Mentor Superior, Five Points, and Mutual Mentoring. At the close of the 2021-22 academic year, Mentor North will discontinue the Five Points program. For more information about our current programs and our organization's history, please visit our website: mentornorth.org.

Your Support Makes a Difference



Joe and mentors Amanda and Dan have been matched since July 2018.



Thank you!

We'd like to thank everyone who helped support Mentor North during this past year.

(Listed in alphabetical order)

- Abigail Johnson
- Allisun Zagar
- Amity Coffee
- Amy Gustafson
- Andrew Knutson
- Andrew Kortuem
- Ann Wheeler
- Annette Lahr
- Anonymous Donors
- Artistic Florals by Leslie
- Ashley Grimm
- Aven Held
- Bailey Builds
- Barkers Waterfront Grille
- Ben and Jeanne Overman Charitable Foundation
- Best Buy Duluth
- Beth Burt
- Birds Bar and Liquor Store
- Blue Arrow Boutique
- Boat-Load-Mate
- Brian Johnson
- Capt'n J's Miniature Golf
- Carol Pengal
- Charter Next Generation
- Chi Alpha Duluth
- Concordia Cares Committee at Concordia Lutheran Church
- Daniel Rossow
- Deb Provost
- Derrick Chamberlain
- Devin Stigsell
- discoverpc.NET
- Dolce Vita Restaurant
- Duluth Aging Support
- Duluth Superior Area Community Foundation
- Elaine Wickstrom
- Elizabeth Beattie
- Emma Grover
- Empire Coffee
- Empower Superior Nutrition and Superior Impact Nutrition
- Erin Moldowski
- Fitger's Brewhouse
- George Beattie
- Graymont
- Great Lakes Aquarium
- Gregory Smith
- Hannah Hillman
- Hanni Hessen
- Harbor View Super One Foods
- Harbortown Rotary
- Head of the Lakes United Way
- Heartland Injury Law
- Heather Morrissey

- Home and Garden Party
- Infinity Massage & Wellness
- Irving Community Club
- J.R. Jensen Construction
- Jamie Dillon
- Janet Vold
- Jeff Miller
- Jen Owens
- Joel A Brekken Agency, Inc.
- John and Ruth Ann Ecklund
- Judith Lewis
- Julie Fruehauf
- Julie Urban
- Kaili Cadotte
- Kap Wilkes
- Kara Proctor
- Karin Trygg Peterson
- Karl Johnson
- Katharine Lindquist
- Kathy Bogen
- Katie Pease
- Kelsey Gilles
- Kelsey Schnell
- Kero Creative
- Kim and John Kiel
- Kiwanis Club of Friendly Duluth
- Kiwanis Club of Superior
- Kwik Trip
- Lake Superior Literacy Council
- Laurie Thomas
- LaVonne Bellanger
- Leah Carlson
- Linda West
- London Road Rental Center
- Love Creamery
- Luke Sharman
- Mardag Foundation
- Margaret Mazzaferro
- Marshall Hardware
- Martha Rossow
- Mary Aepelbacher
- Mary Anderson-Petroske
- Mary Tripp
- Mary Zastrow
- Melinda Yingling
- Melissa Brown
- Melissa King
- Michael Beattie
- Michele Statz

- Michelle Maki
- Miller Mall Car Wash
- Mimi and Tom Stender
- Mount Royal Market
- Nick Beattie
- Nicole Belanger and Zachary Huff
- Nicole Miller
- North Shore Scenic Railroad
- Northern Communities Credit Union
- Northland Foundation
- Ordean Foundation
- Otto Bremer Trust
- Rachel Streit
- Rebecca Lindquist
- Rhonda Adams
- Rick and Mary Fruehauf
- RJ Larson
- Robin Reckinger
- Rosario Thole
- RSM Duluth
- Ruth Oppedahl
- Ryan Hirsch
- Sarah Burt
- Scott Larson
- Serina Popoe
- Sew Obsessed by Lynn
- Shamrock Pizza
- Shannon's Stained Glassery
- Shirts Unlimited
- Solid Foundations of Minnesota, Inc.
- Superior Business Improvement District
- Superior Graphics
- Surge Communications Innovations and Online Services
- Sutherland CBD
- Sydney Ellerbe
- The Duluth Noon Optimist Club
- The Pottery Burn Studio
- The Sheltering Arms Foundation
- Tianna Day
- Tiffany Andrews
- Tina Anderson
- Toni Clancey
- Tracie Clanaugh
- Twin Ports Dermatology
- Vintage Italian Pizza
- Whole Foods Co-op
- Wine Seller Winery



Mentor Scott and Brock



Mentor Nicole and Ella



Mentor Abby and Aaliyah



Ahnika and mentor Ariel



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"It was difficult to finally find a mentor for my daughter (a 6th grader at the time) to then have the COVID quarantine put into place after they had only one outing... but our mentor has gone above and beyond to keep in touch and spend quality time with my girl."

-Parent of program participant Scarlett



Scarlett with mentor Linda.

Your support makes quality mentoring possible in our community.

With your support, youth will have more opportunities to develop resilience while forming connections that are key to defining their future.

Please use the enclosed donation envelope to make your donation, or visit our website to give online. If you have questions regarding donations, please contact Mentor North Development Coordinator Katie Pease at 218-206-4430 or kpease@mentornorth.org.